Lifelong Learning
You never stop learning no matter your age.

2018 Winter/Spring Schedule
February 12th ending April 24th
Register today! 540-535-3583 or 540-665-5442
2018 Winter/Spring Schedule

Welcome ........................................................................................................3
Digital Photography: Beginners ..............................................................4
Digital Photography: Intermediate .........................................................4
We Repeat What We Don’t Repair .........................................................5
Empowered Harmony of Body & Mind ....................................................5
Creative Writing: Your Words, Your Novel .............................................6
Virginia Born U.S. Presidents .................................................................6
Biblical Archaeology ..................................................................................7
2018 Great Decisions Series .................................................................7-8
The Bible: Mythic & Prehistoric Materials ..............................................8
Music Appreciation: Church Music 1500-1600s ......................................8
Genealogy for Beginners ..........................................................................9
Vivia Italia! ..................................................................................................9
Lock Doors of His Mind: Hitchcock & Freud .............................................10
Winchester’s Historic and Architectural Treasures .................................10-11
Early Settlements: Religious Establishments ..........................................11
Ed2Go Career & Instructor Led Online Classes ......................................11
Fashions of the Civil War: From Reality to Film ......................................12
Retirement Planning Session II - Thursdays .............................................12
Oil Painting-Intermediate: Sharp Focus & Still Life! ..............................13
Oil Painting-Beginners: The Artist Within! .............................................13
Oil Painting: Studio Time ..........................................................................14
Retirement Planning Session I - Saturdays ..............................................14
Join Our Team ..........................................................................................14
Digital Photography: Photo Shoot .........................................................15
FREE Community Lecture ........................................................................15
Six Sigma Yellow Belt: Applied Lean .....................................................16
Six Sigma Green Belt: Applied Lean ......................................................16
CLL Special Student Application ...........................................................17-18
Special Events ...........................................................................................19

2018 Winter/Spring Schedule

Welcome ........................................................................................................3
Digital Photography: Beginners ..............................................................4
Digital Photography: Intermediate .........................................................4
We Repeat What We Don’t Repair .........................................................5
Empowered Harmony of Body & Mind ....................................................5
Creative Writing: Your Words, Your Novel .............................................6
Virginia Born U.S. Presidents .................................................................6
Biblical Archaeology ..................................................................................7
2018 Great Decisions Series .................................................................7-8
The Bible: Mythic & Prehistoric Materials ..............................................8
Music Appreciation: Church Music 1500-1600s ......................................8
Genealogy for Beginners ..........................................................................9
Vivia Italia! ..................................................................................................9
Lock Doors of His Mind: Hitchcock & Freud .............................................10
Winchester’s Historic and Architectural Treasures .................................10-11
Early Settlements: Religious Establishments ..........................................11
Ed2Go Career & Instructor Led Online Classes ......................................11
Fashions of the Civil War: From Reality to Film ......................................12
Retirement Planning Session II - Thursdays .............................................12
Oil Painting-Intermediate: Sharp Focus & Still Life! ..............................13
Oil Painting-Beginners: The Artist Within! .............................................13
Oil Painting: Studio Time ..........................................................................14
Retirement Planning Session I - Saturdays ..............................................14
Join Our Team ..........................................................................................14
Digital Photography: Photo Shoot .........................................................15
FREE Community Lecture ........................................................................15
Six Sigma Yellow Belt: Applied Lean .....................................................16
Six Sigma Green Belt: Applied Lean ......................................................16
CLL Special Student Application ...........................................................17-18
Special Events ...........................................................................................19

Bowman Building
20 S. Cameron St.
Winchester, VA 22601
Office Hours 8am - 4pm
540-535-3583

su.edu/lifelonglearning
jmille3@su.edu

You never stop learning no matter your age.
WELCOMES YOU!

SPRING IS COMING! The Center for Lifelong Learning is into its sixteenth (16) year of serving YOU our community. We have designed many continuing educational classes, lectures and special events that you have asked for by: calling in, writing notes, sending emails or going online giving us your suggestions. Our classes are designed for your personal enrichment and educational growth, because..."You Never Stop Learning No Matter Your Age."

As spring approaches, we are excited to present you with lots of thought provoking, fun-filled, and engaging classes we are sure you will love and enjoy. Special spring classes include: 2018 Great Decision Series, Virginia Born Presidents, Creative Writing, Biblical Archaeology, The Bible: Mythic & Historic, Winchester Architectural Treasures, Shenandoah Valley: Early Settlements, Music Appreciation, Oil Painting, Digital Photography, Viva Italia! and Hitchcock on Freud’s Couch to name a few.

The Center’s 4th Annual Open House is scheduled for Friday, August 10, 2018 from 4:30—6:00 pm at the Brandt Student Center, in the Ferrari Room on Shenandoah University’s main campus. Enter a beautifully arranged room for you to enjoy our special guest speaker, Karen Brill a lifelong learner and teacher who will inspire you to continue your educational journey. You will be welcomed by the Center for Lifelong Learning Advisory Council to assist you with any questions or registrations for spring classes.

Be the first to register in 2018!

The Center for Lifelong Learning, The Winchester City Police Department and the Northwestern Community Services Board will present a FREE community lecture for everyone who has questions about a crisis. This lecture “Community Members in Crisis: Who Do You Call?” is a special collaboration with these community organizations to be presented on March 7, 2018 at Shenandoah University’s Bowman Building located on 20 S. Cameron St., Winchester in room 102, first floor. More information on page 15. No registration necessary, BRING a friend! Remember, it is FREE!

The Center for Lifelong Learning will continue its second fundraiser. Last fall was a joyous occasion as friends, colleagues and community members came together to paint a one-of-a-kind oil painting they got to take home. We raised enough funds to award three (3) Center for Lifelong Learning scholarships to be used during the 2018 spring term.

Join us for “Paint Nite” at the Green Turtle Bar and Grille located in Winchester on March 14, 2018 from 7-9 pm. Bring your friends for an enjoyable night out, eating, drinking and, become an artist! Cost is $45, which includes all materials for your painting. All proceeds will sponsor as many scholarships as possible. More information, see page 19.

As always, I invite you to continue your educational journey with us. Let the Center for Lifelong Learning be your guide in helping you on your journey of learning something new, meeting new community members and above all have FUN!

Sincerely,
Jo
MONDAYs

Digital Photography: Beginners!
MON: 2/19/18 — 3/19/18
Time: 1:00-3:00 pm
Course: CONT 073 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 001

Are you interested in taking photographs that tell a story, capture a moment, or express a feeling? Today’s digital cameras are powerful tools. By learning a few fundamentals, anyone can create memorable photographs. We will take the mystery out of capturing great photographs.

This five-week class covers the fundamentals of digital photography, including the use and care of your camera, lens, and basic photographic accessories. We will review principles related to composition, exposure, and focusing. Tips will include how best to photograph people, landscapes, flowers, and wildlife. Finally, options for storing, editing, printing, and sharing photographs will be explored.

This introductory class is for people who want to move beyond simple point-and-shoot photography. Each session will emphasize learning by doing. Although any type of camera can be used in class, learning will be enhanced with cameras that allow for adjusting settings. Please remember to bring your camera and handbook to your first class.

Your instructor, Sharon Fisher, for both the “Beginner’s and Intermediate” classes has photographed people and wildlife around the globe from the Arctic to Antarctic. Sharon has been taking photographs since she had her own darkroom in high school.

Digital Photography: Creating Magical Images – Intermediate
MON: 2/19/18 — 3/19/18
Time: 3:30 - 5:30 pm
Course: CONT 073 CLL2 CEUs 1
Cost: $99
Location: Bowman Building, Room 001

Are you ready to create magical images? This course reveals techniques used when to take and edit so your images are simply magical. This intermediate class is for people who understand basic photography concepts and have some experience using the non-auto modes on their cameras.

This five-week class covers the intermediate-level skills including creating captivating compositions, using the histogram to refine exposure levels, selecting depth-of-field settings, and editing images. Each session will emphasize learning by doing. Although any type of camera can be used in class, learning will be enhanced with cameras that allow for adjusting settings. In addition, a laptop or tablet will be helpful for sessions that cover editing photographs. A limited number of laptops will be available.
Empowered Harmony of Body & Mind  
MON: 2/19/18 – 3/19/18  
Time: 6:00-8:00 pm  
Course: CONT 484 CLL1  CEUs .8  
Cost: $99  
Location: TBA

“Happiness is when what you think, what you say, and what you do are in harmony.”  
Mahatma Gandhi

Focus and clarity are rare in our modern and distracted lives. We may wonder where the time goes, feeling out of control or overwhelmed by the pace of life. Meditation is a tool to look within and become aware of our own inner needs and motivations. Heartfulness is a heart-based meditation that very simply allows our mind to rest and gain focus over time. This focus and awareness allows our priorities to more naturally fall into place. The resulting calm developed through a practice of meditation influences our relationships, decisions, and overall well-being. Research shows a measurable effect in as little as five weeks.

During this five-week course, participants will be learning simple techniques to relax and meditate. We will learn to observe more closely our inner and outer environments and gain awareness of our own role in managing change.

Discussions on how meditation techniques can move us toward a more balanced life, integrate heart with the mind and improve our overall well-being. Potential benefits include improved mood, stress relief, better quality of sleep, and greater concentration. Class is followed up by Q&A and then practice guided relaxation and meditation.

Your instructor, Petra M. Schweitzer, is a Professor of Comparative Literary Studies, French and German in the Department of World Languages and Cultures, and the director of the Gender & Women’s Studies program. Her research focuses primarily on 20th Century literature with a specialization in Holocaust Studies, literary theory and languages of trauma, memory, and testimony. Petra is a 28 year practitioner of meditation and a Heartfulness trainer.
Virginia Born United States Presidents
MON: 3/19/18 — 4/16/18
Time: 6:00-8:00 pm
Course: CONT 230 CLL1 CEUs 1
Cost: $99
Location: Westminster Canterbury, Abbey

No matter what side you are on politically, there is no question that we are living in a time when the very role of U.S. President and his/her relationship with the other branches of government are being questioned. With all that is generally known about the history of the office – and the individual Presidents, there is still much to learn.

The Virginia born Presidents brought a great deal to the highest office in the land. This course looks at the development of the new model for Executive Leadership based on the new American Constitution. It also looks at American history through the eyes of the Virginia Presidents.

During this five-week class reviews presidential morality, ethics, standards of behavior, and requirements of law as carried out by presidents born in Virginia (the State producing the highest number of U.S. Presidents). A deep look at presidential power and authority is very relevant to contemporary times. Virginia Presidents helps discussion from an historical perspective to the present.

Your instructor, **Dr. Charles P. Lickson**, has been a longtime instructor at Shenandoah University’s Center for Lifelong Learning. He is also former Adjunct Associate Professor of Political Science and Public Administration at Shenandoah University where he taught courses on Constitutional Law, Public Administration Ethics and the American Presidency. Lickson also served for many years on the Adjunct Faculty at The U.S. Office of Personnel Management Staff Training Center in Shepherdstown, WV. Lickson is the author of seven books including *Ethics for Public Employees*, *Negotiation Basics*, and *Ironing It Out: Seven Simple Steps to Resolving Conflict*. 
TUESDAYs

Introduction to Biblical Archaeology
TUE: 2/20/18 — 3/20/18
Time: 2:00-4:00 pm
Course: CONT 485 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 003

This is not a class about the Bible. This class is about using the Bible as a tool or reference to help advance the understanding of ancient cultures that lived during the Bronze and Iron Ages in the Ancient Near East. Biblical archaeology is identical to archaeology practiced around the world in terms of scientific rigor, record keeping, research, study, and careful exposure of physical evidence of the past. It is unique in that the Bible is a source where, in many cases, no other source materials exist. It is also unique because the archaeological sites in the Ancient Near East are different from archaeological sites in other parts of the world. In the Ancient Near East, the focus of archaeological discoveries are Tells, Tals, or Talls. They are unique because of the climatology that has existed in the Ancient Near East since the earliest evidence of recognized civilizations.

This five-week class is intended as an introduction to Biblical Archaeology and to offer helpful information to participants considering becoming a volunteer at an archaeological excavation. During this class participants will learn how biblical archaeology is practiced, how the Bible serves as a source document, how it has served this purpose in the past, and why other sources are either non-existent or unreliable.

The course will discuss how evidence of ancient civilizations, cultures and communities is uncovered, how it is dated and verified, and how it fits with other evidence uncovered in excavation sites. Participants will receive an introduction to Tell archaeology, what tools are used, the makeup of excavation teams and what volunteers and team supervisors do on actual excavations. The course will provide a case study of an excavation in Jordan that was found using and referencing Bible text and developed and excavated to uncover evidence of an ancient biblical city.

Your instructor, Mark Sweberg, is a retired Army officer, a Middle East foreign area expert and a retired senior planner for peacekeeping operations at the US Department of State. He is now on a third career as a biblical archaeologist and recently returned from participating as the deputy director for Administration on the 2017 season excavation at Tall el-Hammam.

Sweberg is a Ph.D candidate at Trinity Southwest University and holds two master's degrees, one in international relations from the University of Southern California and an MBA from the University of Puget Sound. He has a BS in engineering from the US Military Academy at West Point.

2018 Great Decisions Series
TUE: 2/20/18 — 3/27/18
Time: 6:00-8:00 pm
Course: CONT 275 CLL1 CEUs 1
Cost: $129 (includes workbook)
Location: Westminster Canterbury, Abbey

The mission of the Foreign Policy Association (FPA) today, as it has been throughout its 99-year history, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the FPA encourages citizens to participate in the foreign policy process.

Inform: The FPA is the principal public forum in New York City for foreign policy addresses, attracting broad national and international attention.

Engage: FPA’s Great Decisions program has flourished over the past 60 years into a multi-dimensional global studies program, adapted to multiple formats, including informal discussion groups, public lectures and formal secondary and university courses.

Inspire: The Foreign Policy Association hopes to inspire others to participate in international affairs and the foreign policy process.
Your instructors, Shenandoah University faculty members and guest speakers, will facilitate this series using a DVD, instructor booklet and personal references with the topics they have chosen to teach. Of course, the most important part of this series is your participation and discussions.

The Bible: Mythic and Prehistoric Materials  
TUE: 2/20/18 — 3/20/18  
Time: 2:30 - 4:30 pm  
Course: CONT 486 CLL1 CEUs 1  
Cost: $89  
Location: Village at Orchard Ridge

Many of the stories in the Torah (the first five books of the Bible) came into being before written records, that is before the advent of tribal writing and record keeping. This material includes Creation, Eden, Great Flood, Tribal movements from Abram and Sarah, and Hagar and Ishmael to Joseph and his brothers in Egypt, as well as Joshua and early settlements in the “promised land.” Psalms and Proverbs also contain extremely ancient material.

Participants should prepare to work with an NRSV or NIV translation study bible. Participants will also need this book by Gregory Morley, The Return of the Chaos Monsters.

Your instructor, Diedra Kriewald, is Emerita professor from Wesley Theological Seminary in Washington, D.C., where she taught for thirty years. Kriewald is also an Adjunct Professor at Shenandoah University who awarded her an honorary doctorate for her work in the Ecumenical arena. Dr. Kriewald has been a long-time instructor for the Center for Lifelong Learning, sharing her knowledge of apocalyptic revelations, as well as other topics for group discussions.

Music Appreciation: Church Music (1500-1600)  
TUE: 3/27/18 — 4/24/18  
Time: 2:00-4:00 pm  
Course: CONT 433 CLL 1 CEUs 1  
Cost: $99  
Location: Bowman Building, Room 002

In the twenty-first century, Roman Catholic and Protestant churches share many hymns and musical styles. If you flip through a Catholic hymnal, you will find many of the same texts and hymn tunes as you would in a Lutheran or Presbyterian hymnal. Even contemporary Christian or “praise and worship” music knows few confessional boundaries today. But was this always the case?

This five-week course examines the soundtrack to the religious reform and turmoil in the sixteenth century that shaped western Christianity. Events such as Martin Luther’s release of the 95 Theses, Henry VIII’s defiant decision to remarry without an annulment from the Pope, and the Catholic Church’s frantic efforts to address the unprecedented Reformation inspired the creation of music that provided people with comfort, hope, and an expression of their Christian identity.

Your instructor, Alanna Tierno, a Shenandoah Conservatory faculty member, where she teaches a variety of music history and literature classes to undergraduate and graduate students. She received a Ph.D. in musicology from Case Western Reserve University (Cleveland, OH) in 2015 and a Masters of Arts and Bachelor of Arts from Penn State University. Her interest in sacred music derives from her performance background as an organist and church musician and she loves swapping stories about church music, whether these are good, bad, or bizarre!

2018 Center for Lifelong Learning “Open House” presents guest speaker, Karen Brill a lifelong learner, teacher and local historian. Brill will inspire you to continue your educational journey. Join us, Friday August 10th from 4:30 - 6:30 pm at the Brandt Student Center, Ferrari Room Shenandoah University’s main campus.
Genealogy for Beginners: Becoming a Family Detective!
WED: 2/14/18 — 3/14/18
Time: 6:30 - 8:30 pm
Course: CONT 190 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 210

Researching your family heritage is like learning to be a detective! There are clues along the way that will help you to discover your roots and fill out your ancestral tree. This five-week class is for beginners with little or no previous experience in Genealogy. You will be given some simple steps to discover your ancestors.

Since Alex Haley published his hugely popular book “Roots”, people have increasingly become interested in researching their family tree. So much so that genealogy has become, according to USA Today, the number two largest hobby in the United States! So, come join the craze!

Learning about census records, birth, death and marriage certificates, wills, Chancery Records and deeds. Discover where to find these resources and how to interpret them. Discover some helpful websites, archives and historical societies.

You will be working in a computer lab. Please bring a couple of zip drives, or your own computer or tablet.

Your instructor, Joan Wood, has been involved in family history research for 35 years. Wood, began with researching her own family using records from the United States, Sweden, Ireland, England and Canada.

She has volunteered at local Family History Centers run by The Church of Jesus Christ of Latter-day Saints in New York, Missouri and here in Winchester, Virginia.

Viva Italia!
WED: 2/21/18 — 3/21/18
Time: 7:00-9:00 pm
Course: CONT 182 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 002

Everyone loves Italy – the food, the art, the people. Would you like to enhance your Italian travel experience, understand some opera lyrics or Italian film dialogue, or just romance your significant other in the language of Casanova? If so, then this is the class for you! This is a vocabulary-focused approach that also provides the basic grammar tools to begin to navigate the language of Leonardo, Verdi, and Pavarotti!

Your instructor, Nicki de Medici, has been teaching Italian for years at Shenandoah through the Center for Lifelong Learning. She has lived in and experienced Italy first-hand to give you the excitement of being there. Come and enjoy as she takes you on a journey of Italy through the sights, sounds, and language of Italy!

Shenandoah University does not discriminate on the basis of sex, race, color, religion, national or ethnic origin, age, physical or mental disability, veteran status or sexual orientation.
Your instructor, Christopher Zimmerman, is a curator and theorist of experimental film and music. Since 2010, he is Experimental Film Curator for the annual film festival Images and Views of Alternative Cinema in Nicosia, Cyprus. Before recently moving to Winchester, Chris was responsible for the film and music programming at the Austrian Cultural Forum New York.

Zimmerman has presented film programs and discussions with filmmakers at Anthology Film Archives, MOMA Film, and Museum of the Moving Image in NYC and at the Gene Siskel Film Center in Chicago. Chris has also collaborated with the EYE Film museum, Amsterdam; the Austrian Film museum, Vienna; Arts Electronica, Linz; Cinematek—Royal Belgian Film Archive, Brussels; and with the Filmmakers’ Coop and Electronic Arts Intermix in NYC. He currently teaches both film studies and philosophy at Shenandoah University as an adjunct professor.

Have you ever noticed that the three levels of the Bates Motel house in Alfred Hitchcock’s Psycho (1960) correspond to Freud’s tripartite structure of the psyche: id, ego, and superego? Or, that the attack of the birds in his The Birds (1963) represents the raw, incestuous power of the maternal superego preventing sexual relations between the son Mitch and Melanie?

Revolutionizing the psychological thriller, Alfred Hitchcock consciously adopted and adapted concepts central to Freudian Psychoanalysis to create a theater of the mind that explores fantasy, anxiety, desire, repression, memory, dreams, voyeurism, fetishism...

The ‘Master of Suspense’ once quipped, ‘The only way to get rid of my fears is to make films about them.’ Indeed, the Hitchcockian narrative typically unfolds in a manner similar to the psychoanalytic patient’s confessional ‘talking cure.’ Hitchcock’s films reveal the uncanny and twisted machinations bubbling up from underneath the ordinary and familiar.

During this five-week class—The Locked Doors of His Mind—Hitchcock on Freud’s Couch—we will explore Hitchcock’s cinematic world and his ‘theater of the mind’ by analyzing a host of his masterpieces through the lens of Freud’s theories.

Winchester is rich in historic and architectural treasures! Some are “behind the scenes” and others are in plain sight! During this one-day seminar, we will learn about these architectural styles: (1) Federal (Red Lion Tavern and Godfrey Miller House); (2) Greek Revival (Taylor Hotel and the 1840 Frederick County Courthouse); (3) Gothic Revival (Christ Episcopal Church and First Presbyterian Church); (4) Italian Renaissance Revival (Farmers & Merchants Bank); (5) Neoclassical Revival (Old Post Office and John Handley High School); and (6) Beaux-Arts (Wells Fargo Bank and John Handley Public Library).

As we examine these structures closely, we find examples of art in the stained glass windows; in wrought iron gates and fences; and in the architectural details of stonework, brickwork, windows, and doors. Winchester’s rich architectural treasures are the result of the area’s rich history: early exploration and settlement in the early 1730s; its role in the French and
Learn about the early settlements in the northern Shenandoah Valley. Who were the people who traveled the Great Wagon Road to Winchester? Who were the early Quaker settlers? What were settlers’ religious faiths? What role did persons of faith have in the American Revolution?

During this five-week class, we will discuss these and other questions as we learn about early settlements and religious establishment in Winchester and Frederick County.

How did local ministers such as Peter Muhlenberg and Christian Streit reconcile their faith and their participation as leaders in the American Revolutionary War? What roles did George Washington and Daniel Morgan have in the American Revolution? What changes occurred in Winchester after the American Revolution? How did life change for the now established early settlers? Do their lives—and their faiths—still have an impact today?

Your instructor, Karen Brill, during the past several years, she has focused upon delivering courses related to local history. She has developed and taught courses on Winchester’s “movers, shakers, and history makers”; Winchester’s architectural treasures; and Shenandoah Valley women and their roles during the American Civil War. For 12 of those years, Karen served as a docent educator at the Museum of the Shenandoah Valley.

Your instructor, Karen Brill, an instructor for Shenandoah University’s Center for Lifelong Learning for 15 years. For 12 of those years, Karen served as a docent educator at the Museum of the Shenandoah Valley.

Winchester’s Early Settlements and Religious Establishment

THU: 3/1/18 — 3/29/18
Time: 1:00–3:00 pm
Course: CONT 488 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 003

(see next column)
Fashions of the Civil War: From Reality to Film!
THU: 3/15/18 — 4/19/18
(no meeting 3/22/18)
Time: 3:00-5:00pm
Course: CONT 436 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 004

During this special class, we will look at and discuss causes of the Civil War and how the war itself influenced fashion. We will also look at fashion’s leading up to the crinoline period of fashion and how the crinoline look evolved as well as looking at what followed. We will also look at the costumes from the PBS program Mercy Street.

We will compare what we have learned from actual fashion history to the way in which the costumes are depicted in the series. Please note that you can watch both seasons of Mercy Street free with Amazon Prime. We will conclude the class by looking at how Civil War fashions are depicted in various movies such as Gone with the Wind, Jezebel, and others.

How did the designers cater to the particular stars and how does the period in which the movie was made influence the designs? A possible field trip to Carlyle House in Alexandria, VA may happen at the end of the semester.

Your instructor, Cheryl Yancey, received her graduate degree from The George Washington University. She is currently an Associate Professor of Costume Design at Shenandoah University in Winchester, Virginia where she is the head of the costume design curriculum. Yancey has been teaching Fashion History for almost thirty years.

Prior to coming to Shenandoah University, Yancey was the on the faculty of DeSales University and the resident costume designer for The Pennsylvania Shakespeare Festival. She has received three awards from the American College Theatre Festival for Outstanding Costume Design. Most recently Onstage Washington, D.C. named her designs for Pirates of Penzance among the Best Costume Designs for a musical in 2016.

Retirement Planning II -Thursdays
Knowing More About Your Future Plans
THU: 4/5/18 & 4/12/18
Time: 6:00-9:00 pm
Course: CONT 134 CLL2 CEUs .6
Cost: $49
Location: Scholar Plaza, Room 302

Our class has been designed for community members who wish to know more about planning for a successful retirement in a time of economic challenges.

* Note
This educational, two-day class will provide two different sessions, Thursdays or Saturdays, to meet your busy schedules. Please see class information for Retirement Planning I offered on Saturdays on page 14.

Your instructor, J. Edward Slonaker, is a professional Certified Financial Planner™ and will guide you through the ever-evolving financial process.

People signing up may bring their spouse or significant other for FREE! A guidebook will be given to each person who registers and is yours to keep.
FRIDAYS

Oil Painting: Sharp-Focus Still Life
Intermediate
(must have taken a previous oil painting class)
FRI: 2/23/18 — 3/23/18
Time: 10:00 am – 12 noon
Course: CONT 471 CLL1 CEUs 1
Cost: $99
Location: Bowman Building, Room 212

If you have taken Lynn’s beginning oil painting class, then this class is for you! “New” students are welcome if you have some painting experience and are comfortable composing a still life, can work from a photo, and want to take your command of painting and your palette to the next level. An understanding of color, basic blocking-in, painting, and prepping a canvas is required. Some drawing skills are required for this class. If you have taken the fall beginners painting class and are concerned, some drawing-on-your-canvas skills will be taught! (Class limit 10)

Lynn’s full palette will be explored: 13-14 colors extended from beginning painting. Students will select their own subject matter and spend time learning and exploring blending, color values, details, shadows, trick-the-eye (Trompe L’Oiel) techniques and more. Canvas or board can be used in this class. Lynn’s style of teaching is to work with your own style while instructing one-on-one.

Your instructor, Lynn Mocarski Maurer, is a Winchester artist who received her BFA from the University of Nevada, Las Vegas, and studied under renowned artists Rita Deanin Abbey and Jack Beal. She specializes in Trompe L’Oeil studying with Winchester’s own Bonnie Chumley.

Passing Impressions, Lynn’s graphite exhibit at DC’s Gallery A received a highly complimentary review in The Washington Post by Mark Jenkins, the Post’s art critic. Mocarski Maurer has exhibited in many regional group juried shows and has produced numerous private commissions including two pieces for the National Cathedral in Washington, D.C.

Oil Painting: Beginners -The Artist Within
FRI: 2/23/18 — 3/23/18
Time: 1:30 – 3:30 pm
Course: CONT 471 CLL2 CEUs 1
Cost: $99
Location: Bowman Building, Room 212

Have you ever wanted to try painting but weren’t sure you had the talent? Worried about drawing skills? Well, for this class, both are helpful but not necessary. All you will need is a desire to learn and have fun!

This five-week class is for beginning participants. You will learn basic oil painting techniques including: palette colors, color mixing, materials, prepping canvas, transferring your drawing or an image to your canvas, blocking paint, blending, and final details.

You will start a painting from a masterpiece either by Vincent Van Gogh, Mary Cassatt or another to be determined by your instructor. By the end of the course, you should have the skills to continue making your own masterpieces. Email llavery@su.edu for a materials list after you have enrolled. (Class limit 10)

Your instructor, Lynn Mocarski Maurer, is a Winchester artist who received her Bachelor’s of Fine Arts from the University of Nevada, Las Vegas, and studied under renowned artists Rita Deanin Abbey and Jack Beal. She specializes in Trompe L’Oeil studying with Winchester’s own Bonnie Chumley.

Passing Impressions, Lynn’s graphite exhibit at D.C.’s Gallery A received a highly complimentary review in The Washington Post by Mark Jenkins, the Post’s art critic. Mocarski Maurer has exhibited in many regional group juried shows and has produced numerous private commissions including two pieces for the National Cathedral in Washington, D.C.
Oil Painting: Studio Time
FRI: 3/2/18 — 3/23/18
Time: 12 noon – 1:00 pm
Course: CONT 471 CLL 3 CEUs .1
Cost: $39
Location: Bowman Building, Room 212

If you are enjoying Lynn’s oil painting class, then this studio time is just for you! Stay longer to continue your work in a relaxed atmosphere. This is your time to focus on your own reflection of the ongoing class without the instructor. Get caught up on your project or get a head start on the next week’s schedule. This Studio Time is for you! (Class limit 12)

Lynn’s full palette will be explored: 13-14 colors extended from beginning painting. Students will select their own subject matter and spend time learning and exploring blending, color values, details, shadows, trick-the-eye (Trompe L’Oeil) techniques and more. Canvas or board can be used in this class. Lynn’s style of teaching is to work with your own style while instructing one-on-one.

Your instructor, Lynn Mocarski Maurer, is a Winchester artist who received her BFA from the University of Nevada, Las Vegas, and studied under renowned artists Rita DeAnin Abbey and Jack Beal. She specializes in Trompe L’Oeil studying with Winchester’s own Bonnie Chumley.

Passing Impressions, Lynn’s graphite exhibit at DC’s Gallery A received a highly complimentary review in The Washington Post by Mark Jenkins, the Post’s art critic. Mocarski Maurer has exhibited in many regional group juried shows and has produced numerous private commissions including two pieces for the National Cathedral in Washington, DC.

SATURDAYS

Retirement Planning I - Saturdays
Knowing More About Your Future Plans
SAT: 3/17/18 & 3/24/18
Time: 9:00 am -12 noon
Course: CONT 134 CLL 1 CEUs .6
Cost: $49
Location: Scholar Plaza, Room 302

Our class has been designed for community members who wish to know more about planning for a successful retirement in a time of economic challenges.

* Note
This educational, two-day class will provide two different sessions, Thursdays or Saturdays, to meet your busy schedules. Check dates and times.

Your instructor, J. Edward Slonaker, is a professional Certified Financial Planner™ and will guide you through the ever-evolving financial process. People signing up may bring their spouse or significant other for FREE! A guidebook will be given to each person who registers and is yours to keep.

The Center for Lifelong Learning Wants YOU to join our TEAM!

The Center is looking for new, exciting, and creative ideas from our community members. All it takes is a passion for an idea and the willingness to share with others. Consider your talents and gifts. Join our team of excellent faculty, instructors, and guest speakers.

Call today! 540-535-3583 or email llavery@su.edu or visit our website. www.su.edu/lifelonglearning
Digital Photography: Outdoor Photo Shoot
Cool Springs River Campus
SAT: 4/14/18 ONE DAY ONLY!
Time: 10:00 am – 5:00 pm
Course: CONT 073 CLL3 CEUs .7
Cost: $69
Location: Cool Springs River Campus

During Spring, Mother Nature invites us to view an amazing show. Wildflowers begin to bloom. Birds are migrating through the region while others are nesting or feeding young. Spring provides some of the best opportunities for photography. Join us at the Shenandoah University River Campus at Cool Spring for a one-day, hands-on photography workshop.

The workshop will begin with reviewing techniques for photographing wildflowers. After a brief classroom presentation, participants will practice taking photographs. During a brown-bag lunch, we will share photographs and identify lessons learned. After the lunch break, techniques for photographing wildlife will be presented. Next, participants will practice these techniques. Although any type of camera can be used in class, learning will be enhanced with cameras that allow for adjusting settings. Please bring a camera, tripod (if you have one), and your bag-brown lunch. Wear comfortable clothes for the weather conditions, long-pants, and walking/hiking shoes for strolling along the paths (no strenuous hiking required).

Your instructor, Sharon Fisher, has photographed people and wildlife around the globe from the Arctic to Antarctic. Sharon has been taking photographs since she had her own darkroom in high school. Two of her recent photographs appear in nature publications. She has more than 35 years of experience designing courses and instructing adults, including serving as an adjunct faculty member at Antioch University. (Class limit 8)

FREE COMMUNITY LECTURE
“Community Members in Crisis: Who Do You Call?”

Shenandoah University’s Center for Lifelong Learning, The Winchester City Police Department and The Northwestern Community Service Board present a special lecture to help our community members know who to contact in case of a crisis, especially mental illness.

On March 7, 2018 during this FREE community lecture, Detective Lisa Hyde of the Winchester City Police Department and Ms. Destiny Jenkins of the Northwestern Community Service Board will discuss crisis concerns and how to get the proper help when needed.

This program will address some of the following issues that are relevant today such as Mental illness and how we can help. First, What is a crisis? What are some of the helpful tools to assist in a crisis? Who do you call for a particular crisis? What follow-up programs are available? Our objectives are to educate, help deduce risks, understand that mental health is a community concern.

Detective, Lisa Hyde as Police Officer I advanced through the ranks as a PO II, PO III/Corporal and Master Patrol Officer. Hyde became a Detective in Criminal Investigation Division, then began working as the Program Coordinator for the Timbrook House Youth Reporting Center.

Destiny Jenkins is currently a CIT Case Manager at Northwestern Community Service Board. Jenkins attended Shenandoah University and graduated in with her B.S. Degree in Psychology.

Ms. Jenkins is an active member of the American Foundation for Suicide Prevention (AFSP) and works with her community members, clinicians, and law makers to increase awareness and decrease the stigma associated with suicide. Continuing her education is enrolled in a Master’s of Clinical Social Work program through Virginia Commonwealth University. See page 19.

Wednesday, March 7, 2018 One Night!
Time: 7:00-8:30 pm
Location: Bowman Building, 102
More information call 540-535-3583
SPECIAL SIX SIGMA PROGRAMS

In partnership with Shenandoah University’s, Harry F. Byrd School of Business and the Center for Lifelong Learning, these special classes are offered for CEUs and a certificate of completion for classes taken.

You’re right - there is a better way. Applied Lean Six Sigma Training by Roxtar Consulting is your pathway to become a critical resource for your organization, and enhance your value on the job market. Roxtar’s professional Six Sigma instructors will teach you the principles behind the celebrated Lean Six Sigma methodologies.

**Applied Lean Six Sigma Green Belt (Two Locations to choose from)**

Become a critical resource and enhance your value to your organization and its customers. This hands on, interactive training provides an enhanced practitioner’s comprehension of various philosophies, methodologies, and tools in the Lean Six Sigma system including core problem-solving and project management frameworks that improve performance. Statistical concepts and process analyses techniques are explored in-depth along with best-practice facilitation and change management methods. *Additional materials fee of $150 for all students to be paid during the first class for required course texts. Instructor, Mr. Callahan.*

Optional industry-rated Lean Six Sigma Green Belt certification available through Roxtar, Inc. Certification requires notifying your instructor of your intent to pursue certification on the first day of class, completion of additional projects throughout the course, passing a final assessment upon course completion, and payment of a $100 certification fee.

<table>
<thead>
<tr>
<th>Six Sigma Green Belt: Applied Lean</th>
<th>Six Sigma Green Belt: Applied Lean</th>
</tr>
</thead>
<tbody>
<tr>
<td>TUE &amp; THU: 1/16/18 – 5/1/18</td>
<td>TUE &amp; THU: 1/16/18 &amp; 5/1/18</td>
</tr>
<tr>
<td>Course: CONT 475 CLL1 CEUs 8</td>
<td>Course: CONT 475 CLL2 CEUs 8</td>
</tr>
<tr>
<td>Cost: $6,000</td>
<td>Cost: $6,000</td>
</tr>
<tr>
<td>Location: MC, Halpin Harrison Hall, 111</td>
<td>Location: Scholar Plaza Loudoun, 202</td>
</tr>
</tbody>
</table>

**Applied Lean Six Sigma Yellow Belt (Two Locations to choose from)**

Start your journey to solving problems once and for all. Lean Six Sigma Yellow Belt Training provides an application-based understanding of various philosophies, methodologies, and tools in the Lean Six Sigma system. The course includes core problem-solving and project management frameworks that improve performance, as well as hands-on simulations and exercises. This class also includes examples from Lean Acres: A Tale of Strategic Innovation and Improvement in a familiar setting from Quality Press to stimulate creative thinking and analogous solution generation. *Additional materials fee of $130 for all students to be paid during the first class for required course texts. Instructor, Mr. Bowie.*

<table>
<thead>
<tr>
<th>Six Sigma Yellow Belt: Applied Lean</th>
<th>Six Sigma Yellow Belt: Applied Lean</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON: 3/12/18 – 4/30/18</td>
<td>MON: 3/12/18 – 4/30/18</td>
</tr>
<tr>
<td>Time: 6:30–9:30 pm</td>
<td>Time: 6:30–9:30 pm</td>
</tr>
<tr>
<td>Course: CONT 476 CLL1 CEUs 2.4</td>
<td>Course: CONT 476 CLL2 CEUs 2.4</td>
</tr>
<tr>
<td>Cost: $2,500</td>
<td>Cost: $2,500</td>
</tr>
<tr>
<td>Location: MC, Halpin Harrison Hall, 111</td>
<td>Location: Scholar Plaza Loudoun, 202</td>
</tr>
</tbody>
</table>

Questions? Contact: Michael Magro @ mmagro@su.edu or 540-535-3537


PART A  Biographical Information

Have you ever taken a course at Shenandoah University before? ☐ Yes ☐ No If yes, when? ___________________

*IF yes and your name has changed, please submit a Name/Address change form with required documentation.

Please select term for which you are registering:

☐ Fall Year: 20__________
☐ Spring
☐ Summer-1
☐ Summer-2
☐ Special Program (date) ____________ Start date of class: _____/_____/_____

Please select Location:

☐ Winchester
☐ Leesburg
☐ Other __________________________

Legal Home Address:

(Maiden or Former Names Used)

(Street and/or box number)

(City) (State) (Zip) (COUNTRY)

E-Mail: ____________________________@________________ (working email address must be provided)

Telephone: Home: (______) _______ - __________ Cell: (______) _______ - __________

Emergency Contact: __________________________ Relationship: __________ Phone #: __________

Have you ever been convicted of a felony: ☐ Yes ☐ No If yes, please explain: _____________________________________________

Please select term for which you are registering: Please select Location:

☐ Fall Year: 20__________
☐ Spring
☐ Summer-1
☐ Summer-2
☐ Special Program (date) ____________ Start date of class: _____/_____/_____

PART B  Information Required by the Department of Education

Shenandoah University is required by the United States Department of Education to collect and report information on the background (ethnic and otherwise) of its enrolled students. Other personal information is used as non-personally identifiable information in institutional research. This information WILL NOT affect your enrollment. Shenandoah University does not discriminate on the basis of gender, race, color, religion, national or ethnic origin, age, physical or mental disability or sexual orientation.

Sex: ☐ Male ☐ Female Date of Birth: _____/_____/____ (Month/Day/Year) Religious Preference: ____________

IF YOU ARE A U.S. CITIZEN OR A RESIDENT ALIEN (Form I-551/151), please indicate both the ethnicity and race with which you identify:

ETHNICITY: (Please Check One) ☐ Hispanic or Latino ☐ Non-Hispanic or Non-Latino

RACE: (Please check all that apply.) ☐ Black/African American ☐ American Indian or Alaskan Native ☐ Hawaiian/Pacific Islander ☐ Asian ☐ White

Information Required by the Department of Education

**IF YOU ARE NOT A U.S. CITIZEN please indicate your immigration status

ALIEN STATUS: ☐ Resident Alien/Green Card # __________________________
☐ Non-Resident Alien

VISA TYPE : __________________________ VISA NUMBER: __________________________

RESIDENCE COUNTRY: __________________________

INTERNATIONAL ADDRESS: __________________________

Hornet Central Use ONLY: Information entered and verified

By: (Initials): __________________________
Date: __________________________
Student ID#:______________________

PART C   Student Acknowledgement

I certify that the statements made on this form are correct. I understand that failure to provide accurate information will result in the cancellation of my enrollment by Shenandoah University. If enrolled, I agree to comply with all policies and regulations of Shenandoah University in effect while I am a student and to assume responsibility for any and all financial obligations I may incur.

I understand that a Visiting Student may not count more than 30 undergraduate credit hours or 15 graduate credit hours earned as a Visiting Student toward a certificate or degree program; that once enrolled as a Visiting Student “my” status cannot be changed in that semester; a regular Application for Admission must be filed if I desire to apply for admission as a degree-seeking student; and that Visiting Students are not eligible for financial aid.

I understand that all information furnished to the Office of the Registrar in connection with this form will be treated confidentially, and will be disclosed only to Shenandoah University officials having a legitimate educational interest. Should I be enrolled at Shenandoah University, reports and recommendations on my behalf will not become a part of my permanent student record.

I understand that by signing I agree to pay tuition and fees and further acknowledge that I agree to reimburse Shenandoah University the fees of any collection agency, which may be based on percentage at a maximum of 33-1/3%, 12% APR on such debt and all costs and expenses, including reasonable attorney’s fees, Shenandoah University would incur in such collection efforts.

Student’s Signature _______________________________________________ Date __________________

PART D   Registration

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Department</th>
<th>Course #</th>
<th>Section</th>
<th>Audit</th>
<th>Credit</th>
<th>CEU</th>
<th>Cost</th>
</tr>
</thead>
</table>

TOTAL

PART E   Billing

Student Name: ___________________________________________ Student ID# _______________________

Select Method of Payment:    [ ] Check [ ] Money Order [ ] MasterCard [ ] Visa [ ] AMEX [ ] Discover

Tuition is due at the time of registration. This registration form and payment must be received prior to the start date of the term. Your registration will not be processed if payment is not included.

We accept Visa, MasterCard, Discover, American Express, personal checks, or money orders.

If paying by check or money order please bring this form and payment in person to Hornet Central or send by mail to:

Shenandoah University
Hornet Central
1460 University Drive
Winchester, VA 22601

If paying by credit card you may also fax this completed form to 540-665-5433.

If you have any questions please call 540-665-4514.

Please make checks payable to Shenandoah University.

If using a credit card please fill out the information below:

I hereby authorize Shenandoah University to charge my credit card for the amount noted above.

Amount to charge: $___________._____

Name as it appears on credit card: ____________________________________________________________

Billing address same as legal home address.

If billing address is different: ________________________________________________________________
________________________________________________________________________________________

Card Number: ____ ____ ____ ____/ ____ ____ ____ ____/ ____ ____ ____ ____/ ____ ____ ____ ____

Expiration date: _____/_____

Daytime phone number ________________________________

Signature of card holder_________________________________________ Date ______________________

Updated 12.13.17 - NSG
SPECIAL EVENTS

FREE COMMUNITY LECTURE

“Community Members in Crisis: Who Do You Call?”

Shenandoah University’s Center for Lifelong Learning, The Winchester City Police Department and The Northwestern Community Service Board present a special lecture to help our community members know who to contact in case of a crisis, especially mental illness.

On March 7, 2018 during this FREE community lecture, Detective Lisa Hyde of the Winchester City Police Department and Ms. Destiny Jenkins of the Northwestern Community Service Board will discuss crisis concerns and how to get the proper help when needed.

This program will address some of the following issues that are relevant today such as mental illness and how we can help. First, What is a crisis? What are some of the helpful tools to assist in a crisis? Who do you call for a particular crisis? What follow-up programs are available? Our objectives for a community member in a crisis, is to educate, help deduce risks, learning that mental health is a community concern.

Wednesday, March 7, 2018
FREE! Open to Public - see page 15
Time: 7:00-8:30 pm
Location: Bowman Building, Room 102

Center for Lifelong Learning Fundraiser: Paint Nite! at the Green Turtle Bar & Grille

Once again, we will offer “Paint Nite” at the Green Turtle Bar and Grille located in Winchester, Virginia. Enjoy a night out with your friends, eat, drink and become an artist at the same time. Cost includes all materials for your one-of-a-kind painting. All proceeds go towards the Center for Lifelong Learning scholarship program.

Wednesday: March 14, 2018 One Night!
Time: 7:00 – 9:00 pm
Cost: $45— All materials included.

540-535-3583 or 540-665-5442
register online at su.edu/lifelonglearning
2018 Special Events

“Paint Nite” Fundraiser
Wednesday, March 14th
7-9 pm  Bring a Friend!

CLL “Open House”
Friday, August 10th
4:30-6:00pm