

# Master of Science in Athletic Training



SHENANDOAH®  
UNIVERSITY

Division of Athletic Training



**ATs are health care professionals** who render service or treatment, under the direction of or in collaboration with a physician. Services provided by ATs include injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

## Master of Science in Athletic Training

Shenandoah's Master of Science in Athletic Training (MSAT) is a two-year, 70-credit degree program accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The program offers a hybrid learning experience (summer hands-on skill instruction, online fall and spring courses and fall and spring clinical field placements), providing a strong foundation in anatomy, kinesiology, and injury pathomechanics. The program prepares you to take the Board of Certification (BOC) exam in athletic training and boasts a three-year aggregate 97% first-time board pass rate.

As a master's degree student, you will benefit from classroom and hands-on learning from a highly experienced faculty. Two courses in anatomy in our state-of-the-art cadaver facility will enhance your clinical performance. The program's medical director is from the INOVA Sports Medicine Center, giving students access to guest lectures by top professionals and clinical opportunities with leaders in orthopedic and concussion care of youth and professional athletes. Students also have the opportunity to apply for additional certifications while enrolled: ASOP Orthopedic Physician Extender (OPE), Certified Sports Nutritionist (CISSN), and certified Graston practitioner.

## Hands-On Clinical Experience

You'll engage in unique clinical experiences with athletes and clients of all ages, as well as in emerging practice areas such as law enforcement, performing arts, and the physician setting. Program clinical experiences are available on our campus and throughout the U.S. Clinical field experience examples include:

- University of Arizona
- Rutgers University
- Virginia Tech
- North Carolina State
- National Football League, Washington, D.C.
- Washington Spirit Professional Soccer
- High schools in Frederick, Loudoun, and Fairfax counties in Virginia
- INOVA Sports Medicine Center
- University of Washington
- DeMatha Catholic High School, Washington, D.C.

## Accomplished Faculty Mentors Make the Difference

Our accomplished and caring faculty will prepare you to serve as a compassionate athletic trainer, critical thinker and ethical leader. You'll benefit from small class sizes that enable faculty members to provide individualized attention and nurture your academic and professional development.



Health & Life Sciences Building,  
SU Main Campus



## Key Features

- **Three-year aggregate 97% first-time board pass rate**
- **Accomplished faculty** provides focused individual instruction
- Small classes and interactive technology
- **Innovative** blend of hands-on learning, online learning and clinical experiences
- Opportunities to **present research locally and globally**
- **Clinical opportunities** in professional, collegiate and high school sports, sports medicine clinics, performing arts medicine, and sports performance businesses
- Students use **university-provided Apple tech**: a MacBook Pro laptop and an iPad with an Apple Pencil

## Dual Degree: Master of Science in Athletic Training / Doctor of Physical Therapy

Shenandoah's dual degree in physical therapy and athletic training is designed for students interested in a career as a sports medicine clinical expert. This dual-degree program prepares you to meet the standards to take the physical therapy licensure examination and the athletic training Board of Certification examination.

## Graduate Certificates in Performing Arts Medicine

Enhance your credentials with a graduate certificate in Performing Arts Medicine or Performing Arts Health and Fitness. The **Performing Arts Medicine Certificate** educates health care professionals on the prevention, assessment and management of injuries and disorders specific to dancers, theatre artists and musicians. The **Performing Arts Health and Fitness Certificate** prepares you to be a leader in the field, to improve teaching that increases performance by mitigating injury risk, or to promote business opportunities as a fitness professional. Both programs promote clinical research into the development of best practices.

*"Shenandoah University students engage in clinical experiences on campus, in leading sports medicine clinics, in secondary schools, in NCAA Division I athletics, and in universities abroad. Students are able to specialize in emerging practice areas such as the physician setting and performing arts medicine."*

— Rose Schmieg, DHSc, ATC, PT, OCS, CSCS,  
Program Director

*"I truly enjoy working with the graduate students from Shenandoah's AT program. These students continually impress me with their knowledge, their dedication to learning and their dedication to the profession of athletic training, which may be why there are so many former students employed in Fairfax County."*

— Paul G. Rupp, MS, ATC, VATL  
Athletic Trainer, Oakton High School

## CONTACT US

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[su.edu/admissions](https://su.edu/admissions) | [su.edu/at](https://su.edu/at)



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