

## **Guidelines for Technical Standards for Professional Athletic Training Program**

The Athletic Training Program at Shenandoah University is a rigorous and intense program that places specific requirements and demands on the student enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). All students admitted to the Athletic Training Program must meet the following abilities and expectations. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the Program's technical standards does not guarantee a student's eligibility for the Board of Certification (BOC) exam. The student must successfully complete the Shenandoah University Athletic Training Program to meet this goal.

Candidates for the selection to the Shenandoah University Athletic Training Program must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the Athletic Training Education Program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the Shenandoah University Athletic Training Program are required to verify that they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Shenandoah University Office of Learning Resources (540-665-4928) will evaluate documentation from a student who states s/he could meet the Program's technical standards with accommodation(s) and confirm that the stated condition(s) qualifies as a disability under applicable laws.

If a student states s/he can meet the technical standards with accommodation(s), the Shenandoah University Athletic Training Program staff and the Director of Learning Resources will engage in an interactive process to determine whether or not the student can meet the technical standards with reasonable accommodation; this includes a review as to whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process

of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

Please read the two statements below and check the box next to the statement that applies to you:

- 1. I certify that I have read and understand the eight technical standards for selection into the Shenandoah University Athletic Training Program listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation.
  
- 2. I certify that I have read and understand the eight technical standards for selection into the Shenandoah University Athletic Training Program listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Shenandoah University Office of Learning Resources to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date