

Indoor Volleyball

All players must be registered on Imleagues.com and on their team's roster prior to being eligible to participate in any games.

Rule Highlights for Indoor Volleyball:

- Games are played 6 v 6 - **must have 3 players to start and finish a match**
- The following gender combinations are permitted for Indoor Volleyball. **Under no circumstances can a team have more than 3-males on the court at one time:**

3-players - Any combination of genders

4-players:

4-female, 0-male

3-female, 1-male

2-female, 2-male

1-female, 3-male

5-players:

5-female, 0-male

4-female, 1-male

3-female, 2-male

2-female, 3-male

6-players:

6-female, 0-male

5-female, 1-male

4-female, 2-male

3-female, 3-male

- Blocks do not count as one of the three permissible hits
- Any part of the body is considered a legal hit
- Point Penalties for being late:
 - 1 - 2 minutes late = 3 points
 - 3 - 4 minutes late = 6 points
 - 5 - minutes late = **8 points and the game is over and the score will be recorded as 8-0**

Official Game: A volleyball match consists of best of three games. Rally scoring rules apply to all three games. The first two games go to 25 points, and win by two, with a 27pt cap. The third game will be played to 15, and win by two with a 17pt cap. Teams consist of six players on the court.

Boundary Lines/Attack Lines: Boundary lines are considered in play. **If the ball hits the ceiling on your side and then goes over the net, the ball is dead and will result in a side out or point. However, if a ball hits the ceiling on your side and returns down on your side, you may play the ball.** All back row players may only attack from behind the attack line.

Net: A side out or point will be ruled against any player who touches the net with any part of his/her body. (The only exception is if the ball is driven into the net hard enough to make the net touch a player.) If you go under the net, a point or side out will be ruled. A player may not reach over the net except for a follow-through swing and blocking a ball as long as the opposing player touches it first. A player may not reach over the setter.

Replays: Replays are at the discretion of the head official.

Hits: Each team gets three hits. The ball must go over on the third hit. Blocks do not count as a hit. Any part of the body is considered a legal hit. **If playing the ball with your foot, your foot must remain in contact with the ground.**

Serves: All serves must be from behind the back line. The server must wait for the official to signal before serving. Players must rotate in a clockwise direction, and serve in the same order for the entire rotation. Players may not attack or block a serve. Let serves or “net serves” – serves hitting the top of the net and going over – are allowed.

Substitutions: Substitutions may be used by rotating players in a clockwise rotation, remaining in the same service order throughout the duration of the game.

- No player-for-player substitutions will be permitted

Player Conduct: Any player that is ejected must leave the facility immediately. If a player chooses to return to the game site the same day, he/she will be trespassing, and the proper authorities will be contacted. All ejected participants must schedule a meeting with the Associate Director for Recreational Sports & Fitness prior to becoming eligible for participation. Any participant missing a scheduled meeting will receive an additional game suspension.