



Summer time frame of clinical rotation: May through August Clinical hours at least 300 in office, clinic and labor and delivery: Minimum # clinical hours extended due to unique nature of midwifery care (ex 1 birth = many hours + call time). # of experience supercede # of hours

Core Competency/Hallmark of Midwifery
1. Recognition of pregnancy, birth & menopause as normal physiologic & developmental processes
2. Advocacy of non-intervention in the absence of complications.
3. Incorporation of scientific evidence into clinical practice
4. Promotion of women- family-centered care;
5. Empowerment of women as partners in health care.
6. Facilitation of healthy family & interpersonal relationships
7. Promotion of continuity of care
8. Health promotion, disease prevention & health education.
9. Promotion of a public health care perspective
10. Care to vulnerable populations
11. Advocates informed choice, shared decision-making, right to self-determination.
12. Integration of cultural humility
13. Incorporates evidence-based complementary & alternative therapies in education & practice.
14. Skillful communication, guidance, & counseling
15. Therapeutic value of human presence
16. Collaboration w/ other members of the interprofessional health care team.
MIDWIFERY MANAGEMENT PROCESS
17. Investigate: Obtain all necessary data for complete eval of woman or newborn.
18. Identify: Problems or diagnoses & health care needs by correctly interpreting subjective & objective data.
19. Anticipate: Potential problems/diagnoses that may be expected due to identified problems or diagnoses.
20. Evaluate: need for immediate intervention &/or consultation, collaboration or referral w/ healthcare team members prn by condition of woman, fetus, or newborn.
21. Partner: W/ woman to develop comprehensive plan of care supported by valid rationale, based on preceding steps, & including therapeutics prn.
22. Assume responsibility: To implement safe & efficient plan of care incl. providing tx & interventions prn.
23. Evaluate: Care effectiveness, recycle ineffective care through mgt process
PRIMARY HEALTH CARE OF WOMEN
24. National defined goals & objectives for health promotion & disease prevention.
25. Parameters for assessment of physical, mental health, & social health.
25. National defined screening & immunization recommendations to promote health & to detect & prevent disease.
26. Techniques & therapeutics to facilitate health & promote healthy behaviors.
27. Identify normal & deviations from normal in following areas: Cardiovascular & hematologic; Dermatologic; Endocrine; Eye, ear, nose, throat; Gastrointestinal, Mental Health; Musculoskeletal, Neurologic, Respiratory, Renal
28. Mgt strategies & therapeutics for tx of common health problems, deviations from normal, incl infections, self-limited conditions, mild &/or stable chronic conditions, utilize consultation, collaboration, referral to health care services prn.
PRECONCEPTION
29. Individual & family readiness for pregnancy including emotional, psychosocial, & sexual factors: Non-modifiable (family & genetic/genomic risk) & Modifiable (environmental & occupational factors, nutrition, medications & maternal lifestyle).
30. Health & laboratory screening
31. Fertility awareness, cycle charts, S & S of pregnancy & pregnancy spacing

GYNECOLOGIC CARE
32. Human sexuality, incl biological sex, gender identity, roles, sexual orientation, eroticism, intimacy, & reproduction.
33. Common screening tools & diagnostic tests
34. Common gynecologic & urogynecologic problems
35. All available contraceptive methods
36. Sexually transmitted infections including partner evaluation, treatment or referral
37. Counseling for sexual behaviors that promote health & prevent disease
38. Counseling, clinical interventions &/or referral for unplanned or undesired pregnancies, sexual & gender concerns, & infertility
39. Identify deviations from normal & appropriate interventions, including mgt of complications & emergencies using consultation, collaboration, &/or referral prn
PERIMENOPAUSE & POSTMENOPAUSE
42. Effects of menopause on physical, mental, & sexual health
43. Identify deviations from normal
45. Counseling & education for health maintenance & health promotion
46. Mgt techniques & therapeutics for alleviation of common discomforts
ANTEPARTUM
47. Epidemiology of maternal & perinatal morbidity & mortality
48. Confirmation & dating of pregnancy
49. Promote normal pregnancy using mgt strategies & therapeutics prn
50. Common discomforts of pregnancy
51. Influence of environment, cultural, occupation, health habits, maternal behaviors on pregnancy outcomes
52. Health risks including, but not limited to, domestic violence, infections, & substance use/abuse
53. Emotional, psychosocial, & sexual changes during pregnancy
54. Anticipatory guidance related to birth, breastfeeding, parenthood, & change in the family constellation
55. Deviations from normal & appropriate interventions, including mgt of complications & emergencies
56. Placental physiology, embryology, fetal development, fetal wellbeing indicators
INTRAPARTUM
57. Confirmation & assessment of labor & its progress.
58. Maternal & fetal status
59. Deviations from normal & appropriate interventions, including mgt of complications, abnormal intrapartum events, & emergencies
60. Facilitation of physiologic labor progress
61. Measures to support psychosocial needs during labor & birth
62. Labor pain & coping
63. Pharmacologic & non-pharmacologic strategies to facilitate maternal coping
64. Techniques for a. Administration of local anesthesia, b. Spontaneous vaginal birth, c. Third stage mgt, d. performance & repair of episiotomy, & 1st & 2nd degree lacerations
POSTPARTUM
65. Physical involution following pregnancy ending in spontaneous or induced abortion, preterm birth, or term birth.
66. Mgt strategies & therapeutics to facilitate a healthy puerperium
67. Discomforts of puerperium
68. Self care
69. Psychosocial coping & healing following pregnancy
70. Readjustment of significant relationships & roles
71. Facilitation of initiation, establishment, & continuation of lactation prn

72. Resumption of sexual activity, contraception, & pregnancy spacing
73. Deviations from normal, interventions of complications & emergencies
NEWBORN CARE
74. Effect of maternal & fetal history & risk factors on the newborn
75. Prepare & plan for birth based on ongoing assessment of maternal & fetal status
76. Methods to facilitate physiologic transition to extrauterine life that includes but is not limited to the following: a. Establish respiration, b. Cardiac & hematologic stabilization including cord clamping & cutting, c. Thermoregulation, d. Establish feeding & maintenance of normoglycemia, e. Bonding & attachment through prolonged contact w/ neonate, f. Identify deviations from normal & their mgt. g. Emergency mgt incl resuscitation, stabilization, consultation & referral prn
77. Evaluate newborn: a. Initial physical & behavioral assessment for term & preterm infants b. Gestational age assessment, c. Ongoing assessment & mgt for term, well newborns during first 28 days, d. Identify deviations from normal, consult, &/or referral to appropriate services prn
78. Develops plan w/ woman & family for newborn care for first 28 days of life, incl nationally defined goals & objectives for health promotion & disease prevention: a. Teach regarding normal behaviors & development to promote attachment, b. Feeding & weight gain incl mgt of common breastfeeding problems, c. Daily care, interaction & activity incl sleep practice & creating safe environment
79. Provide preventative care that includes but is not limited to (1) Tx incl eye ointment, Vit. K, & others as appropriate by local or natl guidelines (2) Test & screen according to local & national guidelines (3) Need for ongoing preventative health care w/ pediatric care providers
80. Safe integration of the newborn into the family & cultural unit
81. Appropriate interventions & referrals for abnormal conditions: (1) Minor & severe congenital malformations (2) Poor transition to extrauterine life (3) Symptoms of infection (4) Infants born to mothers w/ infections (5) Postpartum depression & its effect on the newborn (6) End-of-life care for stillbirth & conditions incompatible w/ life
82. Health education specific to the infant & woman's needs: (1) Care of multiple children including siblings & multiple births (2) Available community resources