### Core Competency/Hallmark of Midwifery

1. Recognition of pregnancy, birth & menopause as normal physiologic & developmental processes  
2. Advocacy of non-intervention in the absence of complications.  
3. Incorporation of scientific evidence into clinical practice  
4. Promotion of women- family-centered care;  
5. Empowerment of women as partners in health care.  
6. Facilitation of healthy family & interpersonal relationships  
7. Promotion of continuity of care  
9. Promotion of a public health care perspective  
10. Care to vulnerable populations  
12. Integration of cultural humility  
14. Skillful communication, guidance, & counseling  
15. Therapeutic value of human presence  
16. Collaboration w/ other members of the interprofessional health care team.  

### MIDWIFERY MANAGEMENT PROCESS

17. Investigate: Obtain all necessary data for complete eval of woman or newborn.  
18. Identify: Problems or diagnoses & health care needs by correctly interpreting subjective & objective data.  
19. Anticipate: Potential problems/diagnoses that may be expected due to identified problems or diagnoses.  
20. Evaluate: need for immediate intervention &/or consultation, collaboration or referral w/ healthcare team members prn by condition of woman, fetus, or newborn.  
21. Partner: W/ woman to develop comprehensive plan of care supported by valid rationale, based on preceding steps, & including therapeutics prn.  
22. Assume responsibility: To implement safe & efficient plan of care incl. providing tx & interventions prn.  
23. Evaluate: Care effectiveness, recycle ineffective care through mgt process  

### PRIMARY HEALTH CARE OF WOMEN

25. Parameters for assessment of physical, mental health, & social health.  
26. National defined screening & immunization recommendations to promote health & to detect & prevent disease.  
27. Techniques & therapeutics to facilitate health & promote healthy behaviors.  
28. Mgt strategies & therapeutics for tx of common health problems, deviations from normal, incl infections, self-limited conditions, mild &/or stable chronic conditions, utilize consultation, collaboration, referral to health care services prn.  

### GYNECOLOGIC CARE

29. Human sexuality, incl biological sex, gender identity, roles, sexual orientation, eroticism, intimacy, & reproduction.  
30. Common screening tools & diagnostic tests  
31. Common gynecologic & urogynecologic problems  
32. All available contraceptive methods  
33. Sexually transmitted infections including partner evaluation, treatment or referral  

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34. Counseling for sexual behaviors that promote health & prevent disease

35. Counseling, clinical interventions &/or referral for unplanned or undesired pregnancies, sexual & gender concerns, & infertility

36. Identify deviations from normal & appropriate interventions, including mgt of complications & emergencies using consultation, collaboration, &/or referral prn

**PRECONCEPTION**

37. Individual & family readiness for pregnancy including emotional, psychosocial, & sexual factors: **Non-modifiable** (family & genetic/genomic risk) & **Modifyable** (environmental & occupational factors, nutrition, medications & maternal lifestyle.

38. Health & laboratory screening

39. Fertility awareness, cycle charts, S & S of pregnancy & pregnancy spacing

**INTRAPARTUM**

40. Confirmation & assessment of labor & its progress.

41. Maternal & fetal status

42. Deviations from normal & appropriate interventions, including mgt of complications, abnormal intrapartum events, & emergencies

43. Facilitation of physiologic labor progress

44. Measures to support psychosocial needs during labor & birth

45. Labor pain & coping

46. Pharmacologic & non-pharmacologic strategies to facilitate maternal coping

47. Techniques for a. Administration of local anesthesia, b. Spontaneous vaginal birth, c. Third stage mgt, d. performance & repair of episiotomy, & 1st & 2nd degree lacerations

**POSTPARTUM**

48. Physical involution following pregnancy ending in spontaneous or induced abortion, preterm birth, or term birth.

49. Mgt strategies & therapeutics to facilitate a healthy puerperium

50. Discomforts of puerperium

51. Self care

52. Psychosocial coping & healing following pregnancy

53. Readjustment of significant relationships & roles

54. Facilitation of initiation, establishment, & continuation of lactation prn

55. Resumption of sexual activity, contraception, & pregnancy spacing

56. Deviations from normal, interventions of complications & emergencies

**ANTEPARTUM**

57. Epidemiology of maternal & perinatal morbidity & mortality

58. Confirmation & dating of pregnancy

59. Promote normal pregnancy using mgt strategies & therapeutics prn

60. Common discomforts of pregnancy

61. Influence of environment, cultural & occupation, health habits, maternal behaviors on pregnancy outcomes

**NEWBORN CARE**

62. Effect of maternal & fetal history & risk factors on the newborn

63. Prepare & plan for birth based on ongoing assessment of maternal & fetal status

64. Methods to facilitate physiologic transition to extraterine life that includes but is not limited to the following: a. Establish respiration, b. Cardiac & hematologic stabilization including cord clamping & cutting, c. Thermoregulation, d. Establish feeding & maintenance of normoglycemia, e. Bonding & attachment through prolonged contact w/ neonate, f. Identify deviations from normal & their mgt. g. Emergency mgt incl resuscitation, stabilization, consultation & referral prn

65. Evaluate newborn:
   a. Initial physical & behavioral assessment for term & preterm infants

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### Section 66

- **b.** Gestational age assessment, **c.** Ongoing assessment & mgt for term, well newborns during first 28 days, **d.** Identify deviations from normal, consult, &/or referral to appropriate services prn

### Section 67

- Develops plan w/ woman & family for newborn care for first 28 days of life, incl nationally defined goals & objectives for health promotion & disease prevention: a. Teach regarding normal behaviors & development to promote attachment, b. Feeding & weight gain incl mgt of common breastfeeding problems, c. Daily care, interaction & activity incl sleep practice & creating safe environment

### Section 68

- Provide preventative care that includes but is not limited to
  1. Tx incl eye ointment, Vit. K, & others as appropriate by local or natl guidelines
  2. Test & screen according to local & national guidelines
  3. Need for ongoing preventative health care w/ pediatric care providers

### Section 69

- Safe integration of the newborn into the family & cultural unit

### Section 70

- Appropriate interventions & referrals for abnormal conditions:
  1. Minor & severe congenital malformations
  2. Poor transition to extraterine life
  3. Symptoms of infection
  4. Infants born to mothers w/ infections
  5. Postpartum depression & its effect on the newborn
  6. End-of-life care for stillbirth & conditions incompatible w/ life

### Section 71

- Health education specific to the infant & woman’s needs:
  1. Care of multiple children including siblings & multiple births
  2. Available community resources

### PERIMENOPAUSE & POSTMENOPAUSE

- Effects of menopause on physical, mental, & sexual health
- Identify deviations from normal
- Counseling & education for health maintenance & health promotion
- Mgt techniques & therapeutics for alleviation of common discomforts