

Name: _____ Grade in the Fall: _____ Age: _____
Email Address: _____
Parent/Guardian Name & Contact #: _____
Emergency Contact Name & Number: _____

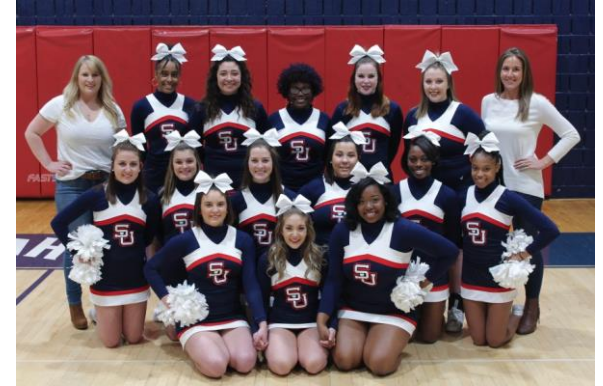
By signing below, I confirm that my child is in good health to participate in the SU Youth Cheer Camp. In case of an emergency, I authorize the staff to act for me according to their best judgment should medical attention be required. I hereby waive all claims and liabilities against Shenandoah University, coaches, instructors, and volunteers affiliated with the camp. I have also read and understand the cancellation policy.

Parent/Guardian Signature _____

Thank you for supporting the Shenandoah University Hornet Cheerleaders!



Shenandoah University Youth Cheer Camp



COME CHEER WITH US!

- Dates:** August 17th and 18th
Time: 12:00pm-4:00pm
Grades: K through 8th
Place: Shenandoah University Wilkins Athletics and Events Center
Contact: cheer@su.edu

SU Youth Cheer Camp

Objectives:

The goal of the SU Youth Cheer Camp is to provide a safe and structured learning environment for youth cheerleaders! Campers will learn cheers and chants, jumps, basic tumbling, stunting, and a dance! Youth cheer campers will be divided into appropriate age and skill levels. Each group will rotate through stations consisting of the following:

CHEER: Campers will learn various cheers and chants to lead on their team to victory!

JUMPS: Proper stretching and flexibility will be taught. Campers will learn a toe touch, right hurdler, and pike jump!

TUMBLING: Basic tumbling skills with a coach will teach youth campers body control and form. Cartwheels, round-offs, and other spotted skills will be taught!

STUNTING: Campers will stunt exclusively with the Shenandoah University Hornet cheerleaders! Basing, backing, and flying techniques will be taught to all campers.

DANCE: A short and fun, age appropriate, dance will be taught to campers for their Parent Performance!

PARENT PERFORMANCE
August 18th at 3:30pm



Daily Schedule:

12:00 - 12:30	Stretching/ Team Time
12:30 - 1:00	Motions
1:00 - 1:30	Station 1- Cheer
1:30 - 2:00	Station 2- Jumps
2:00 - 2:30	Station 3- Tumble/ Stunt
2:30 - 3:00	Snack and cheer games
3:00 - 3:30	Station 4- Dance
3:30 - 4:00	Daily Competition

Participants should pack water and healthy, light snacks to enjoy during the camp! Water will be available for purchase throughout the camp.

Discounts:

***Cost prior to August 3rd: \$80**

***Cost after August 3rd: \$90**

***\$10 discount for each additional family member**

***\$20 discount for SU Faculty and Staff**

Cancellation Policy:

Requests received in writing prior to August 3rd will receive a full refund. No refunds will be given after August 3rd.

All Youth Campers will receive a SU Youth Camp T-Shirt

Please circle the correct size.

YOUTH:

XS S M L

ADULT:

XS S M L XL

Cut here and return with your payment.....

Mail payment and registration to:

SU Youth Cheer Camp
Attn: Matt Levy
1460 University Drive
Brandt Student Center, Room 209
Winchester, Virginia 22601

Make checks payable to:

Shenandoah University

On memo line write:

SU Youth Cheer Camp

Coaches Use Only:

Check # _____ Date Received: _____

Cash _____